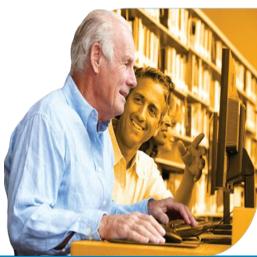


#### Your Best Life









# Manners are Magical



#### Manners Are Important

Everyone can use good manners.

People like to be around a person who uses good manners!



## Manners Show Respect for Others

Treat others the way you would like to be treated!





## Manners Show Respect for Others

There are many ways to show respect!

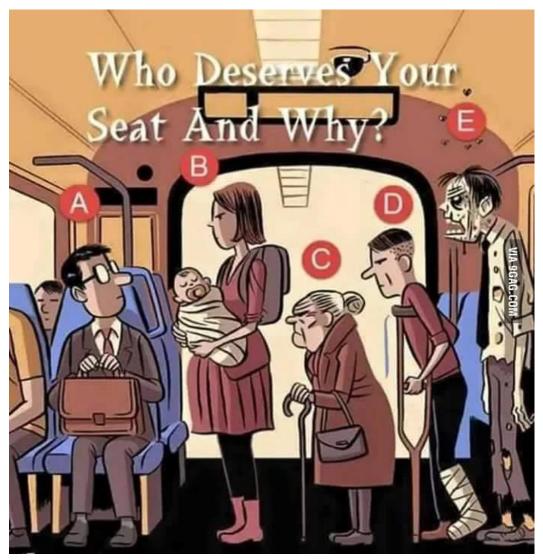


#### Yes Ma'am, No Sir

Be respectful of people who are older than you or have a title that should be respected like a policeman, judge, government official.



## Standing to Let Others Sit



## Listening

Listening is part of good manners. It shows respect for others and that you care. We wait patiently for our turn to talk.



themix.org.uk

## Listening with your Eyes!

People communicate with their eyes, faces, body movements, not just with their mouths. This is called non-verbal communication.

How would someone look if they were:

Upset? Bored?

Angry? Frustrated?

Tired? Peaceful?

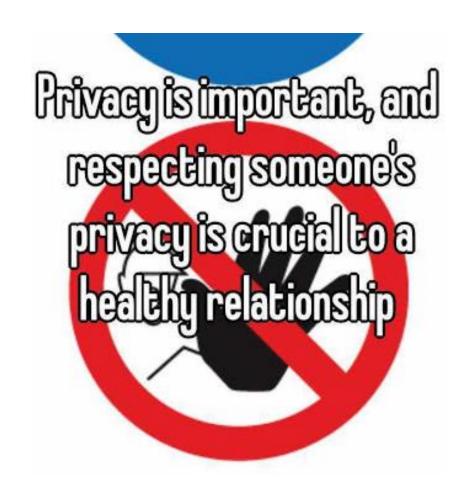
Happy? Confused?

## Respect the Feelings of Others

Respect people's feelings. Even if it does not mean anything to you, it could mean everything to them.

#### Respect the Privacy of Others

- Do not read their mail or email.
- Do not go through things that belong to others.
- Do not listen to private conversations.



## Ask to Borrow, Be Respectful

Borrowing is OK, but you have to <u>ask</u> the person that the item you want to use belongs to.

Taking an item that does not belong to you is stealing!! Not OK!!



#### **Manners Show Kindness**



https://www.franksonnenbergonline.com/

#### Kind Words are Good Manners



Pinterest.co.uk

## Could you please help me?



Helping
Others in the
Community

Helping at Home



## May I get you something?



The Telegraph

## EXCUSE ME

- When you would like to get someone's attention.....
- When you want to be excused from the table or from a conversation...
- When you bump into someone....
- When you have coughed, burped, or passed gas

Watch how you say it!!

#### We Protect Others from our Germs









Cover your mouth and nose with a tissue when you cough or sneeze.

No tissue? Cough or sneeze into your elbow, not your hands.

Wash your hands often with soap and warm water, or use a hand sanitizer.

Stay home if you are sick.

## Holding the Door for Others



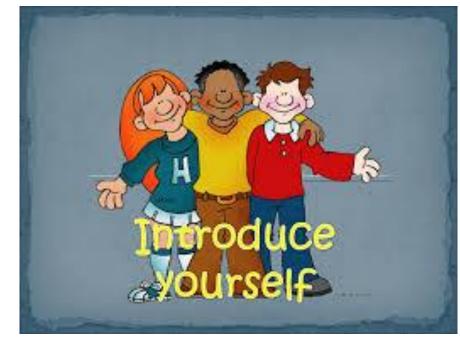
Men hold for ladies, younger for older individuals

#### Introductions

Mary, I would like you to meet....

Sam, this is my friend......

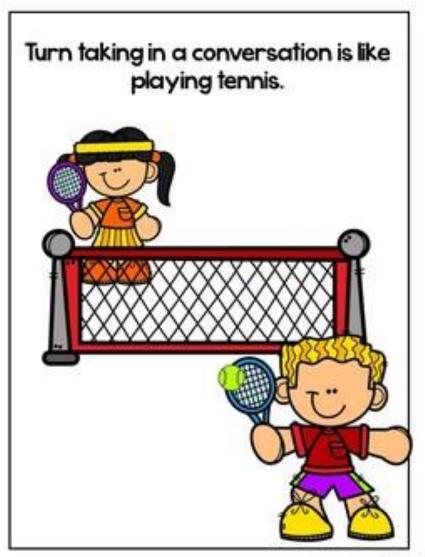
Smile! Shake hands if it's not flu season!



Clipartlibrary.com

It's nice to meet you.

## Taking Turns – It Takes Two





Reddit

sharing is caring



## Pick Up after Yourself!

Do not make more work for others!

If you make a mess, clean it up.

If you cook, wash your dishes.

If you use something, put it away.



Memegenerator.net

#### Phone Manners

- Identify yourself, and then ask if you can <u>please</u> speak to the person you are calling.
- Say thank you, and wait for the person you are calling to answer.

#### OR

 Say hello, and identify yourself. If the person that the caller asks for is not at home, ask if you can take a message. Write it down so you don't forget!



**Motion Array** 

#### **Table Manners**

- Help to seat the ladies first.
- Ask to have food passed rather than reach for it.
- Take the first piece of food you touch.
- Take some food and then pass the dish on to others. (Never take the last amount without asking who else might want some.)



Happiness Tree

#### **Table Manners**

- Don't talk with your mouth full.
- Don't slurp your soup.
- Chew with your lips together.
- Don't lick your fingers.
- Use your napkin.
- Up away your phone.
- Thank your hostess.



Thedailymeal.com



"The test of good manners is to be able to put up pleasantly with bad ones."

- Wendell Willkie

TOWN&COUNTRY

#### Supporting young adults with intellectual and developmental disabilities toward their best life!



**Your Best Life Transportation: Getting Around** Independently March 25 3 pm



**Open Your World Book Club** Fables, Fairy Tales, and Myths March 9-30 3 pm

Invite your friends! Registration required for Book Club: **Gwinnett County Public Library** www.qwinnettpl.org



**Dunamis Educational Foundation** 

www.dunamised.org dunamisedorg@gmail.com

#### **Thank You**



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